

OCTOBER 2025

October is:

ADHD Awareness Month (International)

Alternative & Augmentative Communication (AAC) Awareness Month (International)

Autism Awareness Month (Canada)

Canadian Islamic History Month (Canada)

Disability Employment Awareness Month (Canada)

German Heritage Month (Canada)

Global Diversity Awareness Month (International)

Healthy Workplace Month (Canada)

Hispanic Heritage Month (Ontario)

Latin American Heritage Month (Canada)

Mark it Read for Dyslexia Awareness Month (Canada)

Mi'kmaq History Month (Nova Scotia)

Women's History Month (Canada)

October 1: International Day of Older Persons / National Seniors Day

October 1: Treaty Day (Nova Scotia)

October 1 (sundown) - October 2: Yom Kippur

October 2: <u>Dussehra / Vijayadashami</u>

October 4: National Day of Action for Missing and Murdered Indigenous Women, Girls,

and 2SLGBTQI+ People
October 4: St. Francis Day

October 5: World Teachers' Day

October 5–11: Mental Illness Awareness Week

October 6: Mid-Autumn Festival (Moon Cake Festival)

October 6 (sundown) – October 13 (nightfall): Sukkot

October 10: World Mental Health Day

October 11: International Day of the Girl Child

October 11: National Coming Out Day

October 12–18: Workplace Bullying Awareness Week

October 13: Thanksgiving

October 13 (sundown) - October 15 (nightfall): Shemini Atzeret / Simchat Torah

October 15: International Day of Rural Women

October 15: International Pronouns Day

October 18: Persons Day

October 19–25: Invisible Disabilities Week

October 19-25: Ace Week

October 20 (sundown) - October 20: Bandi Chhor Divas

October 20 (sundown) - October 21: Diwali

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October 22: <u>Birth of the Báb</u> October 23: <u>Birth of Bahá'u'lláh</u> October 26: <u>Intersex Awareness Day</u>

October 31: <u>Halloween</u>

October 31: Samhain / Samhuinn / Hallows